

Sensate Focus : The Art & Science of Mindful Touch

Discover & develop competence in Sensate Focus suggestions (the foundation of Sex Therapy), its value for working with clients' intimacy, relationship, & sexual concerns, & its association with mindfulness practice

October 23rd, 2015, 9am-5 pm

Maggiano's Italian Restaurant

St. Louis, Missouri

January 23rd, 2016, 9am-5 pm

Duncan Conference Center

Delray Beach, Florida

6 AASECT/LCSW CEUs
APA CEUs Pending

Photo Credit: Raymond Gehman - www.raymondgehman.com

Workshop Goals:

- Overview of the history and application of Sensate Focus
- Identify the what, when, and how of assigning & processing suggestions
- Clarify Sensate Focus Levels 1 & 2

Workshop Components:

- Present the underpinnings of Sensate Focus & their relation to mindfulness practice
- Differentiate clients' intimacy & sexual concerns
- Describe the general Sensate Focus hierarchy, & its pacing and processing
- Offer modification specific to diverse demographic & clinical populations
- Provide demonstration & opportunities for practice & feedback

About the Facilitators



Constance Avery-Clark, Ph.D., is an AASECT-Certified Diplomate in Sex Therapy. She holds a doctorate in Clinical Psychology and another in Jungian Psychology. Dr. Avery-Clark was Research & Clinical Associate at Masters & Johnson Institute, is a published author, and has been in private practice for 27 years. (Photo Credit: Caroline AdamsClark at BeyondTheSee.com)



Linda Weiner, MSW, LCSW, is an AASECT-Certified Diplomate in Sex Therapy, Sex Therapy Supervisor & CE Provider, adjunct professor, clinician, & published author. She was Research & Clinical Associate as well as Director of Workshops at Masters & Johnson Institute. She writes with Dr. Avery-Clark on Sensate Focus touching techniques & mindfulness practice.

Pricing:

Professionals: \$275, Students \$200

Late Registration: Professionals-\$325,
Students-\$275

Inquiries & Registration

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Registration Deadlines:

St. Louis: Oct 10th,
Delray Beach: Jan 10th

Late Registration: Oct 19th (STL),
Jan 19th (Delray)

The materials presented in this program have been developed to be respectful of cultural, individual, and role differences, including those based on age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, language, and socioeconomic status.