

Sensate Focus : The Art & Science of Mindful Touch

Discover & develop competence in Sensate Focus suggestions (the foundation of Sex Therapy), its value for working with clients' intimacy, relationship, & sexual concerns, & its association with mindfulness practice

Saturday, January 20st, 2018 9:00 am-5 pm (Registration 8:30 am)
Duncan Conference Center, 15820 Military Trail, Delray Beach, FL 33484

Testimonial

"It was the best workshop I have ever attended in terms of useful material that I could take with me and apply immediately with my clients." ~ H.V. LFMT

Workshop Objectives:

- ☐ Define Sensate Focus, its assumptions, & its relation to mindfulness practice
- ☐ Describe the Sensate Focus hierarchy, & its pacing and processing
- ☐ Demonstrate Sensate Focus instructions and positions via video
- ☐ Identify common problems
- ☐ Offer modification specific to diverse demographic & clinical populations
- ☐ Case consultation

About the Facilitators



Constance Avery-Clark, Ph.D., is an AASECT-Certified Diplomate in Sex Therapy and CE Provider. She has doctorates in Clinical Psychology and in Jungian Studies. She was Research & Clinical Associate at Masters & Johnson Institute, has been in private practice for 28 years, and has published and lectured nationally on sex and intimacy. She and Ms. Weiner recently published their book *Sensate Focus in Sex Therapy: The Illustrated Manual* 2017.



Linda Weiner, MSW, LCSW, is an AASECT-Certified Diplomate in Sex Therapy, Sex Therapy Supervisor & CE Provider, adjunct professor, clinician, & published author. She was Research & Clinical Associate and Director of Workshops at Masters & Johnson Institute. She writes with Dr. Avery-Clark on Sensate Focus touching techniques & mindfulness practice.

6 APA & AASECT CEUs

Professionals: \$325
Early Bird by Dec 12: \$250
Students/Retirees: \$275
Early Bird by Dec 12: \$225

Early Bird Registration

Deadline:

November 21, 2017

www.isrft.org or

info@isrft.org

(314) 588-8924 or

(561) 347-0997 x420

The materials presented in this program have been developed to be respectful of cultural, individual, and role differences, including those based on age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, language, and socioeconomic status.

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Raymond Gehman @ raymondgehman.com